



Ideas for Music Champions: What tracks shall I use in my music sessions?

As well as the tracks available on the music in mind website...try these ideas

- TV theme tunes, music for adverts from both classical and pop.
- If of a certain age brought up in Britain, then religious hymns and songs will be familiar, since they would be sung in school assemblies.
- If on the older side then also folk songs like wraggle taggle gypsies oh, Men of Harlech and similar will be familiar. (Daily Express Song Book!)
- Work out when people were in their teens and 20's and look up the stars of the period where they lived. (Que Sera Sera, Doris Day to the Rat Pack)
- Look into where people were brought up for more targeted styles of music. Whether in the UK (Welsh/Scottish etc.), or from the near or far East, Africa, etc. there will be styles of music that will be part of the patchwork of their lives.
- Music for religious and other festivals - from coronation to Christmas, Eid to Diwali.
- Marching band music - especially in the Pennine areas where there are still marching band competitions
- Musicals whether film or stage are often very familiar, Sound of Music, etc.
- Songs from the music halls often handed down in families - down at the old bull and bush...
- Football songs - Blue Moon, Oh when the Saints etc
- Songs from around the campfire - guides and scouts. girl and boys brigade and similar.
- Famous arias and tunes from opera and symphonies. (Carmen/Pearlfishers)

