What will I experience during a Music in Mind session?



What you will see and hear

People singing and playing instruments



Playing familiar music and improvising new music

Silences between music making to give people time to reflect and/or respond



Musical dialogues between different people in the group

Musicians matching the participants different qualities of music making

People participating in obvious and not so obvious way including listening tapping feet, singing

How you can get involved



Join in as an equal member of the group

Respect the music making by keeping background noise to a minimum

Support participants to be involved in the session without overpowering them



Acknowledge everyone's musical contribution: there will be independent musical moments and people playing music as a group

Keep intentional silences silent



Observe any musical connections between musicians and participants



Only use verbal communication when entirely necessary let the music do the talking!

Music in MindTM is an interactive music making programme for people living with dementia delivered by Manchester Camerata. Please visit www.manchestercamerata.com for more information.